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Lipscomb, Moore,  
Ochiltree, Oldham, Potter,  
Randall, Roberts, Sherman,  
and Wheeler counties

## 4th Annual Mental Health Awareness Event and Ribbon Cutting

On Friday, May 10th the Amarillo Chamber of Commerce hosted a Ribbon Cutting Ceremony and dedication of the new TPC Bivins Pointe Building. The Board of Trustees, Leadership Team, staff, and community participated in the ribbon cutting. Immediately following the dedication ceremony, was the 4th Annual Mental Health Awareness Event.



Many thanks to all the all that participated and contributed to making this the best event to date!

**Vendors**

- CeniKor Foundation
- Panhandle Community Services
- Downtown Women's Center
- MINES & Associates Inc.
- Oceans Behavioral Hospital
- Area Agency on Aging of the Panhandle
- Family Support Services
- Northwest Texas Healthcare System

- Amarillo Area Mental Health Consumers (Agape Center)
- NAMI Texas Panhandle
- City of Amarillo Department of Public Health
- Texas Workforce Commission
- TPC

**Food Trucks**

- BBQ Revival



# DIVERSION/DEFLECTION SERVICES

Libby Moore, Chief Clinical Officer

Recently TPC was awarded a grant to operate a diversion center. We have been working with a team from Meadows Mental Health Policy Institute (MMHPHI) on how this service can work best for our communities. Here is some basic information about the grant:

The Diversion Center is called – **RESET**

It is available for adults, age 18 and older, with a mental health or co-occurring substance use disorder. Access is created through our partnerships with CIT (Crisis Intervention Team) Officers from Potter County, Randall County and the City of Amarillo.

When a person is identified as having a treatment need that doesn't require hospitalization, the officers can transport the person to the center to determine if outpatient services can be started.

There will be a team of qualified mental health professionals (QMHP's), peers, nursing support and prescriber services available to work with the person on their recovery.

The goal is to engage people in outpatient treatment so that the need for further law enforcement interventions or hospitalization can be avoided and the person can build a recovery vision that connects them to their life, however that looks.

After TPC moves to the new Bivins Pointe building we will begin to accept people into the program. This grant supports the 9 core



elements of being a Certified Community Behavioral Health Clinic. The core elements of a CCBHC include:

- Crisis Services
- Screening, Diagnosis and Risk Assessment
- Psychiatric Rehabilitation Services
- Outpatient Primary Care Screening and Monitoring
- Targeted Case Management
- Peer and Family Support & Counseling Services
- Community Based Mental Health Care for Veterans
- Person and Family Centered Treatment Planning
- Outpatient Mental Health and Substance Use Services.

Thank you all for providing services at the right place and time for people to receive the opportunity to work towards their recovery. Thank you for being a part of developing the programs that support our vision of *Making Lives Better.*

(Continued from page 1)

- Cocina on the Go
- Antojos Ice Cream Shop
- Joe Taco
- Yum-Yum Hibachi
- Hood Eats
- Tanks Burgers

**Entertainment**

- Gilbert Hernandez – Velvet Funk Band



Special recognition goes to the Amarillo Chamber of Commerce, NewsChannel10's 2<sup>nd</sup> Cup Morning Show, the Mental Health Awareness Planning Team, the Maintenance Department Staff, the Wellness Committee, Barbara Napier, Kaysea Christopher, and Mellisa Talley.



You're invited to attend an

## Amarillo State Hospital Community Information Session

**Thursday, June 13 | 6–7 p.m.**

Join us to learn and ask questions about the new state hospital and what it means for your community.

**Amarillo National Bank, Main Branch  
Skyline Room, 16th Floor  
410 S. Taylor St.  
Amarillo, TX 79101**



**Please RSVP**  
at [bit.ly/AmarilloSHEvent](https://bit.ly/AmarilloSHEvent)  
or scan QR code.



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## Congratulations!

Michelle Hernandez won the Mental Health Awareness Event gift basket filled with the Visa gift card, Stanley cup and other goodies. Congratulations Michelle!



**Tamara Dunsworth, Therapist Tech**, answered last month's questions correctly and was randomly selected to win a \$25 gift card.



To claim your card, contact Joyce Lopez-Enevoldsen at 806.351.3308 or email: [joyce.lopez@txpan.org](mailto:joyce.lopez@txpan.org).

## Welcome these New Employees...

|                 |                              |
|-----------------|------------------------------|
| Margaret Chacon | Westcliff Group Home         |
| D'Ann Davis     | Early Childhood Intervention |
| Lori Oliver     | OSAR Program                 |
| Tara Webb       | Alternate Living             |
| Amy Baker       | While-A-Way Group Home       |
| Rose Horca      | Amherst Group Home           |



## Walk Across Texas Stats

|                                       |  |                 |
|---------------------------------------|--|-----------------|
| <b>1st Place Team</b>                 | <b>Sweating with my Homies</b>   | <b>3,327.39</b> |
|                                       | <b>Cathy Liekhus, Jennifer Ross, Cecilia Gallegos, Alexis Hernandez, Jessica Arinaga, Megan Rodriguez, Arlandrea Savage, Austin Harp</b> |                 |
| <b>2nd Place Team</b>                 | <b>Moves Like Joggers</b>  | <b>3,264.50</b> |
|                                       | <b>Kim Grooms, Julie Ray, Bailey Powell, Kristen Nolte, Jeff Young, Chris Gonzales, Raymond Lira, Brennen Worrell</b>                    |                 |
| <b>3rd Place Team</b>                 | <b>Texas Turtles</b>   | <b>3,237.29</b> |
|                                       | <b>Daezy Normand, Kristie Thompson, Stephanie Luna, Gracie Chavez, Angel Gardner, Kim Hall, Sarah Thrasher, Mark Cobb</b>                |                 |
| <b>Individual with the most miles</b> | <b>Brennan Worrell - Moves Like Joggers</b>  | <b>819.33</b>   |

The 8-week walk wrapped up on Friday, June 7th with prizes for the top three teams and breakfast parfaits for all who attended. Congratulations to all 13 teams! Wrap up forms are due on the WAT dashboard by June 16th.

Many thanks to Lizabeth Gresham, with Texas A&M AgriLife Extension, for the energy and encouragement that she brings to the staff at TPC by promoting health and wellness!

Articles or suggestions for this publication may be submitted by the 1st of each month to:

Joyce Lopez-Enevoldsen • 901 Wallace Blvd., • Amarillo, Texas 79106  
Phone: (806) 351-3308 Fax: (806) 351-3345 Email: joyce.lopez@txpan.org

## EMPLOYEE RECOGNITION



At the May 23rd Board of Trustees meeting, Judge Willis Smith, Chair, recognized **Linda Dudley** for 15 years of service with the Center. Linda is a Program Administrator for the PPI/Opioid Program.

**Kimberly Hall**, Consumer Benefits, and **Taryn Smith**, ASCI Hereford, were also recognized but were not in attendance. They were awarded a plaque, gift card and a day off.

# Congratulations!

## WHITE HAT AWARD



The IDD Service Coordination Department would like to present **Kayla Fuller, RN, IDD Nursing**, with this month's White Hat Award. Kayla is a passionate and caring person who goes above and beyond for the individuals that she serves. She communicates effectively and is dedicated. She treats all with dignity and compassion. She is always willing to help her coworkers and is quick to answer questions. She provides high quality nursing service to our individuals. Thank you for all that you do!

Jenny Felton - IDD Service Coordination Department

# First Day of Summer! June 20th



# COMPLIANCE CORNER

Welcome back to Compliance Corner. For educational purposes, we will address a question that was submitted internally. All personal identifying information has been removed for the purpose of confidentiality.

## IF YOU SEE SOMETHING, SAY SOMETHING.

Employees are the “eyes and ears” of the organization to detect any violation(s) of our Compliance Program. All staff and contractors are required to immediately report anything that you encounter at TPC which you believe may be unethical, illegal, or fraudulent to:

- Your supervisor and/or
- Donald Newsome, Director, Quality Management & Compliance, (Privacy Officer)  
Phone: (806) 351-3284  
Email: [donald.newsome@txpan.org](mailto:donald.newsome@txpan.org)

### Here is the compliance question of the month:

**Question:** As a provider, is it okay to take a picture of my signature and credentials and paste it to a document for use as my electronic signature? If not, can I type my name and credentials as my electronic signature?

**Answer:** The types of signatures listed above are not acceptable on clinical documents. A handwritten and legible signature is the best practice, however, a TPC approved electronic signature which is software generated (as listed below) is also acceptable.

### Acceptable signature types

- A handwritten (wet) signature which includes the provider’s credentials and date
- TPC approved electronic or digital signatures that are created by software which produces a digital system-generated date and time stamp or includes the logo or seal of the digital software that is used

### Unacceptable signature types

- Typed signatures
- Stamped images of handwritten (wet) signatures
- A photocopy or ink stamp of a handwritten (wet) signature

If you have a question/scenario that you would like to be considered for inclusion in the newsletter, email the information to [Compliance.Corner@txpan.org](mailto:Compliance.Corner@txpan.org).






# Get your discounted baseball tickets!

The Amarillo Sod Poodles go up against the San Antonio Missions! TPC is again hosting a group outing on Friday, **June 21<sup>st</sup>, 2024**. Fridays include a fireworks display following the game!

**NEW!** For your convenience, TPC will accept credit or debit card payments for tickets (with a \$1 credit card fee). Cash for exact amount only, NO checks please.

Included below is the order form as well as the group add-ons form. If interested, please print and scan or mail to Barbara Napier at [barbara.napier@txpan.org](mailto:barbara.napier@txpan.org) or to 901 Wallace, Bldg. 501.

*Payment to be submitted to Barbara. Sod Poodles office will not process orders. The deadline for tickets is 12:00 noon on June 19th.*

## Texas Panhandle Centers

Night at HODGETOWN  
 715 S Buchanan Amarillo, TX 79101  
**Friday June 21<sup>st</sup>, 2024**  
 Game Begins at 7:05pm  
 Gates Open at 6:00pm  
 Fireworks After the Game

For more information, contact *Adam Padgett*  
 By email at [adamp@sodpoodles.com](mailto:adamp@sodpoodles.com)

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Group Ticket Order Form - Return to *Barbara Napier*  
 Good for Friday June 21<sup>st</sup> Game Time 7:05pm  
 (Children under the age of 2 admitted for free)

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Number of Tickets : \_\_\_\_\_ x \$13.00 (Zone D) = \_\_\_\_\_ (total)

Number of Meal Vouchers: \_\_\_\_\_ x \$8.50 = \_\_\_\_\_ (total)

Number of Stadium Cash: \_\_\_\_\_ x \$5.00 = \_\_\_\_\_ (total)

Kid Zone Passes \_\_\_\_\_ x \$4.00 = \_\_\_\_\_ (total)

**TOTAL PAYMENT AMOUNT:**  
= \_\_\_\_\_

\*Payment & order form must be submitted to Barbara Napier. Sod Poodles box office CANNOT process orders.



## 2024 GROUP ADD-ONS



**CONCESSION VOUCHER**  
**\$8.50 Group Price**  
 1 hot dog, 1 bag of chips, &  
 1 small Pepsi Product  
**\$12 Value**



**FUN ZONE PASS**  
**\$4 Group Price**  
 Includes unlimited rides on all fun zone areas.  
**\$5 Value**



**HODGETOWN BUCKS**  
**\$5 Group Price**  
 HODGETOWN Bucks can be used  
 anywhere in the ballpark! These  
 bucks work as cash exclusive to  
 HODGETOWN

\*Tax Not Included

Add-On items must be purchased in advance. Call your Account Executive at (806) 803-7762 with any questions or to place an order.





## Employee Assistance Program



Office Hours

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Monday – Friday: 6:30 am – 5:00 pm MT

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**Need help now? Please call:**  
**(800) 873-7138**

Counseling, service intake, and crisis support are available 24/7

Answer's to last months questions:  
1) Tax bracket 2) Money 3) June 21st

Answer the questions correctly and your name will be entered in a random drawing to be eligible to win a \$25 gift card.



1. The new Diversion Center will be called \_\_\_\_\_.
2. According to the CDC, \_\_\_\_\_ children in the U.S. is diagnosed with a mental illness.
3. The State Hospital Community Information Session is set for \_\_\_\_\_.

Submit your answers to [joyce.lopez@txpan.org](mailto:joyce.lopez@txpan.org). Deadline for responses is the 5th of the following month. You must type "Monthly Drawing" in the email subject line to be eligible. For those that do not have a computer, entries may be submitted via interoffice mail. The same requirements apply for hard copy submissions.



## 7 Tips to Help Start a Conversation About Mental Health with Your Child

According to the CDC, 1 in 6 children in the U.S. is diagnosed with a mental illness. It's becoming more and more important for parents to know how to talk about mental health issues with their children. Understandably, it can be difficult to know how to have these conversations. But when you open these conversations, you let your child know that it's okay to talk about mental health – it's not something to feel ashamed of or have to hide.



### Make analogies to physical health

Even when children have never heard of mental health, they tend to understand the concept of physical health; they've seen their pediatrician, gotten their vaccines, and probably experienced at least minor physical illnesses like the common cold. You can use this in an analogy to help younger children understand more about mental health. Try saying something like,

We've gathered 7 tips on how to start a conversation about mental health with your child – including language you can borrow and analogies you can use.

### Focus on emotions

It can be helpful to open these conversations by talking about emotions. Even if your child doesn't yet understand mental health, they do understand emotions. Their emotional vocabulary will typically depend on their developmental level. As they grow, children can understand more and more complex emotions; what they understood simply as "sadness" when they were younger can expand into "grief," "disappointment," "broken heartedness," and more.

You can describe common mental health problems using emotions that your child understands. For example, you could explain, "Depression is when someone feels very sad and lonely, and that feeling doesn't go away for a long time." or, "People with anxiety feel scared and nervous, even when there's nothing truly dangerous to be afraid of."

"Do you remember when we went to see your pediatrician when you were throwing up and had a fever? Sometimes, we might go to another type of doctor because our brains and feelings are sick. We might feel really sad or really scared. Sometimes, these feelings don't go away on their own and we need to see a doctor. These feelings doctors are called therapists or psychologists. They help people feel better in their mind, just like when your pediatrician gave you the medicine."

For some children, talking about mental health may be triggering or overwhelming. For example, if you or another family member lives with a mental illness, or if your child's own mental health has been suffering, talking about these topics may bring up a lot of painful feelings. You might find that your child, especially if they're a teenager, is reluctant to talk or share.

It's important to respect your child's boundaries; trying to force them to talk about it will likely only make them shut down further, and let them know that you're there to listen whenever they're ready to.

[View the entire article here](#)

## POINTS TO PONDER - What is Neglect?

Vania Beavers, Rights Protection Officer

Neglect is defined as failure to provide adequate clothing, nutrition, healthcare, or a safe environment; or failure to carry out agreed upon goals or medical orders. I see more allegations of neglect than I do of any other reportable event, because there are several other incidents that can fall into the category. These incidents include:



- Failure to seek appropriate medical care
- Failure to do bed checks and/or brief checks
- Staff sleeping on shift
- Failure to provide supervision as outlined in their PDP and/or behavior plan
- Staff throwing away food as a punishment
- Staff showing up to work under the influence of alcohol or drugs (if you know of this happening, please report it to the supervisor immediately)
- Failure to provide individual's medications

### How do we prevent it?

It is our duty to ensure that the individuals we are supporting are safe and free from harm. When something can cause harm, it can be considered neglect. Neglect is the most common report we get, probably because it is the easiest to let happen. Staff are working a lot of hours caring for others, and it is easy to get burned out. Remember to take time for yourself and decompress. You cannot efficiently and effectively care for others when you are exhausted. Know your limits.

To report abuse for individuals with IDD in residential homes and behavioral health services, please call the Department of Family Protective Services at 1-800-647-7418 immediately or within one hour of witnessing the event. If reporting for an individual in behavioral health services, also email a written report including the DFPS report number to [performance.contracts@dshs.state.tx.us](mailto:performance.contracts@dshs.state.tx.us). Please cc [vania.beavers@txpan.org](mailto:vania.beavers@txpan.org) on the email.

To report abuse of an individual that participates in the ISS (day hab) programs, please call 1-800-458-9858 immediately or within one hour.



June 16th. 2024

## PLAN TO CELEBRATE SAFELY WITH FIREWORKS

Most parts of the U.S. have limitations on the types of fireworks that can be sold. You'll be safer if you follow the law and keep away from illegal fireworks. Anything that will shoot, explode in the air, or spin uncontrollably should not be set off by an unauthorized person. Obey the law and use common sense.

Even with legal fireworks, you really are playing with fire. Don't get burned. Think ahead of time about how you can follow these safety instructions:

- Choose a spot that is not near anything that can catch fire.
- Make sure kids under age 14 don't set off fireworks without adult supervision.
- Keep a bucket of water nearby. Use it for matches, spent fireworks, and to put out accidental fires.
- When you light a fuse, move away quickly. If the fuse sputters or goes out, douse the device with water and move on to the next. Never try to relight a dud. It could explode
- Light fireworks on the ground, not in your hand. The fuse may burn faster than you realize it will. Douse used sparklers and other fireworks with water before picking them up. They could be very hot.
- Never drink alcoholic beverages while you are lighting fireworks. Drinking could alter your judgment.
- Light only one firework at a time.
- Have fun and be safe!



in your face.



"Forget about the sword. Whoever is able to open that pistachio nut will be the one true king."

